



Middle School Visits to Birkenhead Leisure Centre and Lake Pupuke

Dear Parents

Next week our Education Outside the Classroom programme begins with the classes visiting the Birkenhead Leisure Centre or Sylvan Park at Lake Pupuke. Thank you to the parents who attended the meeting with Anoukoun Phengsavath from North Shore Leisure and to those of you who have already offered to come with us as a parent helper.

**Monday 28 Feb – Rms 11 & 15 / Tuesday 1 March – Rms 13, 29 & 14 (Year 4s)
Wednesday 2 March – Rms 12, 16 & 14 (Year 3s) / Thursday 3 March – Rms 28 & 30**

Please go through the following list of equipment carefully with your child and make sure that they are prepared for the day.

Equipment List

The following list is of the equipment that your child needs to bring to their outdoor experience. Please ensure they bring the following:

- **Sports uniform (to be worn to and from school on the day of the trip)**
- **Suitable footwear – sneakers and socks (NO sandals)**
- **School sweatshirt**
- **Rain jacket – even on fine days**
- **School sun hat**
- **Togs and towel (in a separate plastic bag)**
- **Change of clothes (Y4 only)**
- **Rash shirt or wetsuit if available (no cotton shirts allowed in the water)**
- **Lunch**
- **Plenty to drink (2 bottles of water)**
- **No jewellery**
- **Long hair must be tied back**
- **Sun block**

Please make sure that all clothing, togs and towels are named.

Every child must return the attached Medical & Disclosure of Risk Form. This is a requirement of the Birkenhead Leisure Centre. Please return to school by **Friday 25 February**.

If you have not yet returned the permission slip please do so as soon as possible to your child's class teacher. Payment for this trip is included in the activity fee. Please ensure that your child is at school before the 8.45am bell on the day of their trip as the buses need to leave promptly.

Thank you for your support,

Middle School teachers

EDUCATION OUTSIDE THE CLASSROOM

Medical & Disclosure of Risk Form

(Child's Name) _____

has the following medical conditions that you need to be aware of that may affect them in participating in the activities listed below.

Please state (medical conditions):

~~Walks / Mt Biking / Bush Survival / Team Building (ABL) Bivvie Building / Orienteering / Camp Craft / Swimming / Challenge Ropes Course~~

I understand and accept that by taking part in an Outdoor Education Programme at North Shore Leisure Birkenhead and local surrounding park area, there is inherent risk derived from the enjoyment, excitement and perceived risk of these activities.

I also understand that the programme has been designed by the Centre with Industry Related Standards and Safety as the paramount guidelines. (The school has accepted these.)

I also give my authority for photographs to be taken of myself/child participating in programmes run by North Shore Leisure that may be used for future promotional purposes. I understand that North Shore Leisure has no financial commitment or obligation regarding the use of these photographs.

Signed _____
(Parent/Guardian)

Date _____

The attached Medical and Disclosure of risk Form needs to be signed by a parent/guardian, appropriately filled out & brought to the facility on the day of Point View School's Programme.

North Shore Leisure – Birkenhead assures you of the confidentiality of the form. We assume that each child has **permission from parents to leave the school.**